



ΕΡΓΑΣΤΗΡΙΟ ΣΥΣΤΗΜΙΚΗΣ ΣΚΕΨΗΣ & ΕΚΠΑΙΔΕΥΣΗΣ  
ERGASTIRION OF SYSTEMIC THINKING & TRAINING

**2<sup>nd</sup> INTERACTIVE SYMPOSIUM  
IN SYSTEMIC PSYCHOTHERAPY**  
*With International Participation*

**«Searching for the Unpredictable in Psychotherapy»**

**PROGRAM**

1-2 November 2014  
Heraklion Crete, Astoria Capsis Hotel

[www.unpredictablesymposium2014.com](http://www.unpredictablesymposium2014.com)  
[www.ergasystemicis.gr](http://www.ergasystemicis.gr)  
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**INVITATION**

Dear Colleagues,

With great pleasure the **Ergastirion of Systemic Thinking and Training** is inviting you to the "2nd Interactive Symposium in Systemic Psychotherapy" themed **"Searching for the Unpredictable in Psychotherapy"**, that will take place on 1-2 November 2014 in Heraklion, Crete (Astoria Capsis Hotel).

While unpredictability is an integral part of life, in common sense and in classical science the prevailing beliefs rest on predictability and control. There is perhaps no coincidence that a large part of the problems that people bring to therapy is associated with loss of control (feelings, thoughts, behaviors).

The purpose of the symposium is to approximate as closely as possible the fragile balance in life between certainty and uncertainty, stagnation and progress, stability and instability.

The symposium is organized with international participation and will include presentations as well as interactive workshops from the most distinguished Greek and foreign instructors in Systemic Psychotherapy, members of the European Family Therapy Association - Training Institute Chamber

We invite you to a creatively unpredictable weekend.

Sincerely  
The chairman of the symposium

Panagiotis Chrysos, MD

## PROGRAM

### Saturday, 1st November 2014

#### Central Auditorium

- 08:30 – 10:00 Subscriptions  
10:00 – 10:30 Greeting  
10:30 – 11:15 **J. Pluymaekers** “Surprise and Uncertainty: Levers of Change in Therapy as in Training.” (translation)  
11:15 – 12:00 **E. Moureli** “Uncertainty as an Accept ion of the Complexity of the World and of Our Ignorance”.  
12:00 – 12:30 Break  
12:30 – 14:00 **J. Pluymaekers** “The Genogramme Landscaped as Tool of Supervision.” (translation)  
14:00 – 16:00 Break  
16:00 – 19:00 **N. Calovska – Hercog & S. Gajdadzis-Knezevic** “Deconstructing Unpredictable Moments in Couple’s Therapy” (workshop) (translation)  
19:00 – 19:15 Break  
19:15 – 19:45 **P. Chrysos & E. Karagianni** “Unfocused Psychotherapy: Safety and Unpredictable in an Evolutionary Interaction”.  
19:45 – 20:15 Awarding of Degrees to Graduates of the Four Years Training Program in Systemic Psychotherapy of the Ergastirion of Systemic Thinking and Training.

### Sunday, 2<sup>nd</sup> November 2014

#### Central Auditorium

- 09:00-09:45 **M. Pourkos** “The Unpredictable in Human Behavior: The Perspective of the Eco – Bodily - Experiential Approach and the Heuristic and Narrative-Dialogic Psychopedagogy in Issues in Research Methodology.”  
09:45-11:45 **D. Sakkas** «From the Certainties of the Penthouses and the Indeterminacy of the Basements to the Integrative Activity of the Plaza.” (workshop)  
11:45-12:15 Break  
12:15-14:15 **Ariadni Auditorium**  
**A. Procopiou & M. Digridaki** «Utilizing the Unpredictable in Systemic Psychodrama.” (workshop)  
12:15-14:15 **Kelari Auditorium**  
**M. Pourkos** “Approaching the Unpredictable with Multimodal and Based on the Body, the Art and the Play Methods in Socio – Moral and Emotional Issues: An Application of the Eco – Bodily - Experiential Approach and the Heuristic and Narrative-Dialogic Psychopedagogy.” (workshop).  
14:15-16:00 Break  
**Ariadni Auditorium**  
16:00-16:15 **R. Kalouri, An. Botou & N. Tsergas** “Family Art Therapy and Systemic Theory».  
16:15-16:30 **M. Likovouniotti & L. Karatzaferis** “And Suddenly I Heard Voices. But was it Suddenly?».  
16:30-18:00 **M. Likovouniotti & L. Karatzaferis** «Unpredictable Voices. A Simulation Workshop of the Experience of Voices.” (workshop)  
**Kelari Auditorium**  
16:00-16:20 **M. Panagiotaki** “Developing Resilience in Times of Crisis.”  
16:20-18:00 **I. Mouzas & C. Katsivarda** “ The unpredictable in Managing Problems related to Alcohol. HUDOLIN Method.” (workshop )  
18:00- 18:15 Break  
**Central Auditorium**  
18:15-19:00 **F. Triantafyllou** “Interaction and Uncertainty: A Natural Relationship.”  
19:00-19:30 **St. Trachanas** “The Ghost in the Basement: Chance and Necessity.”  
19:30-20:30 **Plenary**

## INVITED SPEAKERS

- Calovska – Hercog Nevena**, MD, PhD, Family Therapist, Trainer & Supervisor, Prof. at the Department of Psychology University Singidunum, Belgrade. General Secretary of EFTA and Member of the EFTA –TIC Board. (Serbia).
- Gajdadzis-Knezevic Slavica**, MD, Family and Systemic Psychotherapist, Master Trainer and Supervisor, Director of the Institute for Marriage, Family and Systemic Practice – ALTERNATIVA (2007) in Skopje, FYROM. Member of the EFTA –TIC Board. (FYROM).
- Pluymaekers Jacques**, Psychologist, Family Therapist, Trainer in Family Therapy in IEGSH (Brussels) and in the Association Réseau- Famille» (Montpelier), Honorary President of EFTA. (Belgium).
- Mourelis Froso**, Psychiatrist, Psychotherapist. Founding Member of the Systemic Association of Northern Greece and member and editorial committee of the journal Metalogos.
- Sakkas Dionisios**, Psychiatrist, Psychotherapist, Psychotherapeutic section of the General Hospital of Athens' G. Gennimatas. President of the Hellenic Association for Systemic Family Therapy (HELASYTH).
- Trachanas Stefanos**, Founding member and Director of the Crete University Press (1984-2013), Director of the Editorial Committee, Honorary PHD University of Crete.
- Triantafyllou Fani**, Psychiatrist, Psychotherapist. Founding member of the Systemic Association of Northern Greece and of the Psychoanalytic Society of Northern Greece. Member of the editorial board of the systemic journal Metalogos.

## PARTICIPANTS SPEAKERS

- Botou Anastasia**, School Advisor, scientific Collaborator of ASPAITE.
- Chrysos Panagiotis**, Psychiatrist, Systemic Psychotherapist, Director of the Ergastirion of Systemic Thinking and Training.
- Digridaki Maria**, Psychiatrist, Family Psychotherapist, Institute of Family Consultation and Systemic Therapy.
- Kalouri Rani**, Professor of Educational Psychology and Counseling courses in ASPAITE
- Karagianni Efi**, Psychologist, MSc in Clinical Psychology, Systemic Psychotherapist, Scientific Collaborator of the Ergastirion of Systemic Thinking and Training.
- Karatzafaris Lykourgos**, Psychiatrist, Hellenic Network of Hearing Voices.
- Katsivarda Cecilia**, Psychologist, MSc, Trainee in Systemic Family Therapy.
- Likovounioti Marina**, Hellenic Network of Hearing Voices.
- Mouzas Ioannis**, Ass. Proffesor, Av. Καθηγητής, Interdisciplinary Center of Alcoholology, Medical School, University of Crete.
- Panagiotaki Maria**, Psychologist – Sociologist, Responsible of Youth Counseling Station of Heraklion.
- Pourkos A. Marios**, Professor, University of Crete, Department of Preschool Education, Director of the Laboratory of Psychological Research, Founder and Director of its Laboratorial Unit of Ecological Psychology and Experiential, Heuristic and Narrative-Dialogic Psychopedagogy, Coordinator of the Master Program of the Department of Preschool Education of University of Crete, Section: Applications of Psychology in Education.
- Procopiou Achilleas**, Child Psychiatrist, Family psychotherapist, Institute of Family Consultation and Systemic Therapy.
- Tsergas Nikos**, Lecturer, Democritus' University of Thrace.

